

# Camp Descriptions



Denotes all/partial Instructional Camp



Denotes awards will be distributed



**Basketball Camp/Intramurals** – Features equal amounts of age/skill specific basketball drills and basketball scrimmages/contests.



**Floor Hockey/Dodgeball** – Features Floor Hockey and several variations of dodgeball and bombardment. Games will all be played in an intramural format.



**Gold Glove Camp** – This program will incorporate hitting mechanics with discussions of hitting approach. Each player will learn fundamentals in a small group setting and will also experience one-on-one coaching from our talented instructors. Each week will focus on one aspect of hitting and concept-appropriate drills.



**Indoor Soccer** – Features soccer games, drills, and contests. All games will be refereed, coached, and supervised by Legacy Sports Camp.



**Intro to T-Ball** – Focuses on different T-Ball fundamentals each week, includes instruction, drills and a short scrimmage.



**Kickball** – New teams drawn daily a 60 minute scrimmage. Statistics are kept for league leaders in all major hitting categories (Avg., HR, hits, etc.)



**Legacy Hoops** – Features fundamental concepts and drills that will make for a more complete basketball player. Each session will work on individual shooting, dribbling, passing and defensive skills through drill work, controlled games and contests.



**Legacy Olympiad** – Features Olympic-like events/games. Stats will be kept and awards will be given to top competitors.

**Multi-Sport Camp/Madness** – Our most popular program includes variations of traditional games like relay races, tag, Dodgeball, soccer and our popular Legacy games like Hand Hockey, Illinois Jones and Battleship.

**Soccer Intramurals** – New teams drawn daily a for a 4 quarter soccer scrimmage.



**Soccer Skills Camp** – Features fundamentals of dribbling, passing and shooting though drills, contests and controlled scrimmages.



**T-Ball Phase 2** – This program will build on the training from our first program but will focus more on hitting fundamentals, game rules, and include more scrimmage opportunities. All players do not need to have attended the 'Intro to T-Ball' course to participate in Phase 2.